



Australian Society for
Motorsport Medicine
and Rescue



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ROLLAGE MEDIC

Contents

- Race control
- Rollage Medic gets all sociable
- Clinical topics
- Events gallery
- Rollage Hot Lap
- Caught by the cameras



RACE CONTROL

Welcome to the new and improved newsletter. Those of you with full 20/20 vision will have picked up some subtle changes already. The title has changed for one. The ASMMR, though it still exists, is a bit of a mouthful as a title and possibly sounds a bit overly academic. So “Rollage Medic” has been adopted as something a bit more punchy, without losing the intent of the message. It is also the title that requires the least messing around with availability when setting up Google+, Twitter and Facebook accounts

Another reason for making this change is that having a title that includes the word “Society” kind of implies some sort of authority, which in this case is unwarranted. I'd originally hoped more people would get on board with this project, but 2 years down the track and it's mostly still just me putting this material out, with a few guest appearances; which is fine but hardly constitutes a “society”.

Therefore, the most that any of this can ever really be is opinion with some evidence, where it exists, to back the opinion up. All of these changes will also be reflected on the website, which will have the same title change.

Secondly, the newsletter is a good deal shorter than previous editions. All items of interest get published first on the website and so there is no reason to replicate them in the newsletter. As a result, the newsletter will be a brief summary of recent items on the site with hyperlinks to those items if you want to read more about them.

Good luck.

Matthew Mac Partlin



ROLLCAGE MEDIC GETS ALL SOCIABLE

Rollcage Medic uses a couple of the commonly available online social media tools to keep you all up to date. Here's a quick overview of what's available and how they are used. Just dial in to your favourite, or all of them, and have fun.



<http://rollcagemedic.yolasite.com/> - the primary centre of motor sport medical activity

[RollcageMedic/Facebook](#) – the social playground, with discussions and photos from various events



[@rollcagemedic / Twitter](#) – hot topic comments and notices for those of you with a need for instant information gratification. Changes and additions to the website will be posted here.

[RollcageMedic / Google+ Circles](#) – a bit like Twitter, without the word count restriction. Handy for posting comments and replies.

There is also an RSS feed from both the [News & Reviews](#) section and the [Hot Lap](#) section so that you can be instantly notified of any new items.



CLINICAL TOPICS

Some of the recent clinical items that have featured on Rollcage Medic.

- Victorian ED physician George Douros' RSI checklist
- Queensland retrievalist and medical blogger Minh Le Cong's

- pre-hospital retrieval pearls
- Texan physician and medical blogger Bryan Vartabedian's piece on the rise of the online medical "Key Opinion Leader".
 - Potential implications for motor sport medicine of the recently issued [European Society of Intensive Care Medicine](#) consensus statement on volume therapy in critically ill patients.
 - Tranexamic acid in trauma – what does the CRASH-2 trial offer to motor sports medicine?

To read more, follow [this link](#).



EVENTS GALLERY

There are some photos from recent motorsports events in Australia on the Rollcage Medic Facebook page, including the WRC Rally Australia in Coff's Harbour last September and the 2011 Formula 1 at Albert Park (The 2012 F1 photos will get posted up soon).

It's not just a gallery of gratuitous celebrity shots, there are photos of medical and rescue set up and practice, as well as photos of strategic items in competitive vehicles such as rollcage structure and the locations of kill switches and fire suppression systems.

To view them, follow [this link](#).



ROLLCAGE HOT LAP

Did you have a go at being an event Chief Medical Officer or the scene medical Team Leader in the [Hot Lap scenario](#)? The suggested response has been posted, but you can still have a go before looking. Let me know if you have any additional suggestions or there is something you disagree with – there might be more than one approach.

Keep an eye out for more scenarios over the coming months and feel free to [submit your own](#). Maybe there's one you came across and still wonder what the best strategy might have been. Perhaps the brains trust can shed some light.





CAUGHT BY THE CAMERAS



The V8 Supercar pile up between Turns 3 and 4 at the Albert Park Formula 1 event this year. Taz Douglas' car is wedged up between Russell Ingall and Karl Reindler. David Wall's car was off the right of the circuit another 50 meter's up the track.

(Photo from The Daily Telegraph, March 17 2012)

